

# ROOT CANAL TREATMENT

## A F T E R C A R E

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- Endodontic therapy typically takes 1 or 2 appointments depending on the severity of the infection. In rare cases, it can take 3 or more. It is common to experience any of the following symptoms after any of these appointments: sensitivity to hot and cold, pressure, and/or some swelling. If you notice an increased or persistent swelling, call us immediately as additional medication may be required.
- One common occurrence with a newly root-canaled tooth is for the tooth to feel high when you bite your teeth together. If this occurs it will cause your tooth to remain sore. If you experience pain or discomfort with pressure and/or chewing, or if you feel your bite is unbalanced, please contact our office immediately for a simple bite adjustment.
- A temporary filling may be used between appointments. This filling can feel a little rough and / or “chalky” and may even have small pieces crumble out, which is not abnormal. Call us if it causes you any discomfort.
- Be gentle on the tooth when eating until the final restoration is placed.
- The gum tissue could have been irritated during the procedure and may be sore for a few days along with the anesthetic injection site.
- During endodontic treatment, the nerve, blood, and nutrient supply to the tooth is removed. This will cause the tooth to become brittle and prone to fracturing which could result in the need to extract the tooth. In most cases, a full coverage crown is recommended to add strength back to the tooth and prevent this from happening.
- Proper brushing and flossing and regular 6-month cleanings are essential to the long-term stability of your teeth.

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